Uned 103: Cyflwyniad i gylch bywyd yr amgylchedd adeiledig

# Taflen waith 10: Trefn gwaith 1 (tiwtor)

Llenwch y siart Gannt isod i wneud ffa pob ar dost. (nid yw’n rhestr gyflawn; mae dewisiadau eraill yn dderbyniol, efallai y bydd rhai yn ychwanegu caws)

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| Cofnodion | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Agor tun o ffa pob |  |  |  |  |  |  |  |  |  |  |
| Gwagio’r ffa pob i mewn i sosban |  |  |  |  |  |  |  |  |  |  |
| Cynhesu’r ffa pob |  |  |  |  |  |  |  |  |  |  |
| Rhoi’r bara mewn tostiwr |  |  |  |  |  |  |  |  |  |  |
| Rhoi menyn ar y bara |  |  |  |  |  |  |  |  |  |  |
| Rhoi’r bwyd ar blât |  |  |  |  |  |  |  |  |  |  |
| Rhoi halen a phupur ar y bwyd |  |  |  |  |  |  |  |  |  |  |
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| Offer |  |  |  |  |  |  |  |  |  |  |
| Agorwr tuniau |  |  |  |  |  |  |  |  |  |  |
| Sosban |  |  |  |  |  |  |  |  |  |  |
| Popty/microdon |  |  |  |  |  |  |  |  |  |  |
| Llwy |  |  |  |  |  |  |  |  |  |  |
| Tostiwr |  |  |  |  |  |  |  |  |  |  |
| Plât |  |  |  |  |  |  |  |  |  |  |
| Cytleri |  |  |  |  |  |  |  |  |  |  |
| Sawsiau ac ati |  |  |  |  |  |  |  |  |  |  |
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