Unit 105: Protecting health, safety and the environment when working in the construction and built environment sector

# Worksheet 4: Legislation and regulations (learner)

Health and safety regulations in construction

The Health and Safety at Work Act of 1974 is like an umbrella, it covers all the other health and safety legislation listed below.

A lot of the legal requirements affect the employer, but there are parts of the legislation that will affect the employee as well.

The following items of legislation are the main laws and regulations that will affect you in the construction and BSE sectors.

* The Health and Safety at Work Act (HASAWA)
* Reporting Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
* Control of Substances Hazardous to Health (COSHH)
* Provision and Use of Work Equipment Regulations (PUWER)
* Manual Handling Regulations
* Personal Protective Equipment (PPE) at Work Regulations
* Work at Height Regulations
* Control of Noise at Work Regulation
* Control of Vibration at Work Regulations
* Electricity at Work Regulations
* Lifting Operations and Lifting Equipment Regulations (LOLER)
* Construction (Design and Management) Regulations (CDM)
* Approved Code of Practice (ACOP)
* HSE information.

1. Choose two of the regulations that will affect you in the workplace and complete the boxes on the next page.

Notes on the main outline of the legislation

How will this affect you in the workplace?