Unit 105: Protecting health, safety and the environment when working in the construction and built environment sector

# Worksheet :16 Working at height (learner)

1. Look at the sentences below and find the missing word from the list at the bottom of the page.

The Regulations require employers to ensure:

* All work at height is properly \_\_\_\_\_\_\_\_\_\_and organised;
* All work at height takes account of \_\_\_\_\_\_\_\_\_ conditions that could endanger health and safety;
* Those involved in work at height are trained and\_\_\_\_\_\_\_\_\_\_;
* Equipment for work at height is appropriately \_\_\_\_\_\_\_\_;
* The risks from \_\_\_\_\_\_\_\_\_\_\_surfaces are properly controlled;
* The risks from falling \_\_\_\_\_\_\_are properly controlled.
* Work is properly planned, appropriately\_\_\_\_\_\_\_\_\_\_\_, and carried out in as safe a way as is reasonably practicable;
* Planning for \_\_\_\_\_\_\_\_\_\_\_and rescue is taken into consideration;
* Risk \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is carried out under regulations.

**Use these words:**

assessment, emergencies, planned, competent,  
  
inspected, fragile, objects, weather, supervised