Unit 105: Protecting health, safety and the environment when working in the construction and built environment sector

# Worksheet 12: Method statement information (learner)

1. Method statements are required to give everyone a step-by-step process for how to carry out a task safely. Below in bold are generic titles for what to consider when preparing a method statement. Read the titles and add information on/consideration of what you feel would be needed under that heading for a foundation concreting activity on a construction site.

The main hazards to your safety and health to be considered are:

1. Contact with live services underground.
2. Trench/excavation collapse
3. Falls into trenches, equipment falling
4. Injury to operators and others from contact with heavy machinery
5. Injury from incorrect manual handling.
6. Injury from slips trips and falls.
7. Risks from leptospirosis (Weil’s disease) and other water-borne diseases
8. Injury from the incorrect actions of other contractors on site.
9. Injury to members of the public during operations.

**Personal protective equipment**

**Environmental protection measures you must take**

**Staff and training**

**Preparation and induction**

**Welfare**

**First aid**

**Site access and egress**

**Material handling**

**Contractor/visitor safety**

**Portland cement**

**Machinery safety**