# Unit 106: Introduction to emerging technologies in construction and the built environment sector

# Worksheet 7: Immersive technology (learner)

1. What is an immersive technology?
2. What do AR, VR and MR stand for?

AR:

VR:

MR:

1. What is VR?
2. What is AR?
3. What is MR?
4. Name when and how you would use AR in a project: