# Unit 112: Construction operations and civil engineering operations

# Worksheet 3: Personal protective equipment (PPE) – identify and use (tutor)

Look at the different items of personal protective equipment (PPE).  
**a)** name each one and   
**b)** describe what it would be used for.

Can you rate the items for their importance when completing **construction operations**?

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| --- | --- | --- |
|  |  |  |
| Name: High visibility vest  Protection from:  Potential traffic, making you more visible to site plant and personnel | Name: Gloves.  Protection from:  General protection when handling things, cuts, etc. | Name: Steel-toe capped boots  Protection from:  Impact protection on feet from a variety of hazards |
|  |  |  |
| Name: Eye protection goggles  Protection from:  Dust, grit. Flying particles when either mixing or excavating | Name: Dust mask  Protection from:  Dust cement inhalation i.e when mixing or using fine sand such as silica sand | Name: Overalls  Protection from:  General protection from a variety of hazardous materials |
|  |  |  |
| Name: Eyewash  Used for:  Cleans against any dirt, dust  In the eye | Name: Hand creams  Used for:  Protect, clean and restore against dermatitis. | Name: Rubber gloves  Protection From:  Chemicals i.e. cements or other hazardous substances |
|  |  |  |
| Name: Wellington boots (steel toe)    Protection from:  Impact protection on feet from a variety of hazards, more suitable to use when concreting | Name: Hard hat  Protection from:  Impact protection on head from a variety of hazards | Name: Ear defenders  Protection from:  Loud noises that could potentially cause long-term deafness |

**Extension activity**

Can you think of any other items of PPE you may need to use?