# Unit 304: Conform to general workplace health, safety and welfare.

# Worksheet 8: First Aid

1.Sketch a plan showing the location(s) of the first-aid facilities in your workplace or college/centre.

2. Visit the HSE website at [Frequently asked questions on first aid - First aid at work (hse.gov.uk)](https://www.hse.gov.uk/firstaid/faqs.htm#first-aid-box). What are the recommended items you should include in a first-aid kit? List some here.

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| --- |
| 1. |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |

3. What must an employer provide by way of first-aid provision?