# Unit 304: Conform to general workplace health, safety and welfare.

# MCQ’s

1. Which piece of legislation provides overarching guidance on health and safety?
2. Approved document Part M
3. Health and Safety at Work Act
4. Option Gas Regulations
5. ACOPs
6. The liability insurance that needs to be taken out by an employer to cover his apprentice at work is?
7. Employer’s
8. Employees’
9. Public
10. General
11. What does the acronym ACOPs stand for?
12. Aligned Clerk of Procurement
13. All Companies Offer Payment
14. Approved Codes of Practice
15. After Construction of Places
16. What should be completed when undertaking potentially dangerous work activities?
17. Risk assessment
18. Benchmark logbook
19. Commissioning sheet
20. Servicing schedule
21. What procedure is used to eliminate any risks associated with a specific operation?
22. Healthy system of work
23. Safe system of work
24. First aid
25. Emergency aid
26. What does the acronym HSE stand for?
27. Health and Safety Executive
28. Health & Safety Engineer
29. Hands Safety Everywhere
30. Hardhats, Safety and Ear defenders
31. What valve do you have to close to isolate a gas supply?
32. Safety valve
33. Emergency control valve
34. Gate valve
35. Shower valve
36. Where would you isolate an electrical supply?
37. Mains consumer unit
38. Emergency control unit
39. Isolation unit
40. Management unit
41. Which valve would isolate both hot and cold supplies in a domestic property?
42. Main isolation valve
43. Superior stop valve
44. Major isolation valve
45. Main stop valve
46. If an employee is away from work for more than 3 days due to an accident at work, what reporting form should you use to notify the HSE?
47. HASAWA
48. RIDDOR
49. PUWER
50. GSIUR
51. What item of PPE protects the lungs?
52. Hard hat
53. Respirator
54. Goggles
55. Boots
56. Who should provide an employee with PPE?
57. Employer
58. Government
59. College
60. Family
61. What problem can be caused by using power tools too much?
62. Hair loss
63. Vibration white finger
64. Nausea
65. Limp
66. Which piece of safety equipment can stop you falling from height?
67. Crash mat
68. Net
69. Lanyard
70. Toe board
71. Where must all accidents on a construction site be documented?
72. Incident leaflet
73. Accident book
74. Occurrence register
75. Event paper
76. What type of warning sign is coloured red?
77. Prohibition
78. Mandatory
79. Information
80. Warning
81. A picture containing text, sign, outdoor, yellow

    Description automatically generatedWhat is this sign informing you of?
82. Trip hazard
83. Flammable materials
84. Corrosive substance
85. Danger, electricity

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1. What is the maximum weight limit of a class 1 ladder?
2. 100kg
3. 125kg
4. 150kg
5. 175kg
6. What must we do to minimise the risk from manual handling?
7. Bend at the knees
8. Look up
9. Crawl
10. Kneel down
11. Which of the following is defined as a confined space?
12. Living room
13. Attic
14. Garden
15. Garage